## How do you promote independent learners ? English – תשפ"ג

## Goals of the course:

| 2. Th<br>3. Th<br>te<br>4. Bu   | <ol> <li>The principles for independent learning</li> <li>The characteristics of independent learning in English</li> <li>The importance and benefits of integrating independent learning into English teaching</li> <li>Building teaching units that will integrate independent learning at a variety of levels</li> </ol> |   |  |  |  |
|---|---|---|--|--|--|
| <ul> <li>The course is divided into three parts:</li> <li>The first part includes:</li> <li>Asynchronous task before the opening session</li> <li>Synchronous opening session</li> <li>Introductory unit - Independent learners and principles of independent learning</li> <li>The second part:</li> <li>In the second part the participants must choose to do 6 units out of the suggested 8.</li> <li>It is recommended to finish at least 3 units by the synchronous middle meeting.</li> <li>Synchronous middle meeting.</li> <li>The third part includes:</li> <li>End of course meeting – synchronous</li> </ul> |   |   |  |  |  |
| Synchronous \A-<br>Synchronous and<br>number of hours   | Content   | Name of the Session   |  |  |  |
| Part 1 - Opening and introductory unit  |   |   |  |  |  |
| Asynchronous –<br>2 hours   | • General introduction to the course  | 3.10.2022<br>Asynchronous: Opening<br>Session<br>What is independent learning<br>and why is it important? |  |  |  |

| Synchronous<br>2 hours   | <ul> <li>Introducing the goals of the course</li> <li>Introducing the units of the course</li> </ul>  | Synchronous: Opening Session<br>24.10.2022<br>16:00-17:30<br>What is Independent Learning:<br>Questions and Answers |  |  |
|--|---|---|--|--|
| Asynchronous – 3<br>hours  | <ul> <li>Characteristics of the independent learner</li> <li>The principles in planning teaching that is aimed at the independent learner</li> <li>Determining the learning goals and the targets for achieving them</li> </ul>   | Introductory Unit<br>8.11.2022<br>The independent learner and<br>principles in independent<br>learning              |  |  |
| Part 2 - The course units –<br>The order of studying the units is up to you - you must choose 6 of the 8 units<br>2-3 Units must be completed by the middle meeting.<br>Open from 15.11.22 |   |   |  |  |
| Asynchronous – 3<br>hours  | <ul> <li>Maintaining motivation for independent<br/>learning</li> <li>Self-directed learning</li> <li>Ways to encourage motivation: choice,<br/>gamification, setting a challenge</li> <li>Dealing with barriers: distractions, time<br/>management and work planning</li> </ul>  | Motivation and dealing with<br>barriers in independent<br>learning  |  |  |
| Asynchronous – 3<br>hours  | <ul> <li>What are learning strategies and why is it important to establish them?</li> <li>Metacognition and its importance in the development of learning strategies</li> <li>Learning practices - teaching to develop independent learning strategies, self and cooperative learning</li> </ul>  | Strategies for developing an<br>independent learner - cognitive<br>aspects - A<br>learning strategies               |  |  |
| Asynchronous – 3<br>hours  | <ul> <li>Knowledge acquisition process – Searching<br/>for information – evaluating and organizing<br/>information</li> <li>Information processing - learning tools and<br/>strategies: how to process content through a<br/>variety of comprehension performances</li> <li>Asking questions, preparing charts, mind<br/>maps, summarizing and integrating<br/>information with an emphasis on self-</li> </ul> | Strategies for developing an<br>independent learner - cognitive<br>aspects - B<br>learning strategies               |  |  |

|                           | learning and cooperative learning  |   |
|---------------------------|--|---|
| Asynchronous – 3<br>hours | <ul> <li>Self and collaborative learning (interpersonal skills)</li> <li>Cooperative learning - learning in groups</li> <li>Practice and training through games, the team model, digital tools</li> </ul>  | Strategies for developing an<br>independent learner -<br>cooperation                                |
| Asynchronous – 3<br>hours | <ul> <li>Self-assessment, peer assessment, rubric</li> <li>Connecting to the learning objectives</li> <li>Feedback and reflection</li> </ul>   | Assessment, feedback and<br>reflection in independent<br>learning                                   |
| Asynchronous – 3<br>hours | <ul> <li>We will learn and understand what creative thinking is and how it promotes independent learning</li> <li>We will get to know different practices that improve skills that promote creative thinking</li> <li>We will learn how to evaluate creative thinking</li> </ul> | Creative thinking   |
| Asynchronous – 3<br>hours | <ul> <li>We will identify the elements of critical thinking</li> <li>We will learn about tools for raising awareness and critical thinking among students</li> <li>We will demonstrate class activities</li> </ul>   | Critical thinking   |
| Asynchronous – 3<br>hours | <ul> <li>Creating a suitable framework for<br/>independent learning</li> <li>Different practices for guiding students</li> <li>Ways to deal with difficulties in independent<br/>learning</li> </ul>   | The teacher as a facilitator  |
| Asynchronous – 3<br>hours |  | SEL skills ***  |
| Optional                  |  | An exposure meeting for ***<br>the application to accompany<br>an independent learner - Know<br>How |
| Asynchronous – 1<br>hour  | <ul> <li>Discussing your challenges as independent<br/>learners and your experience using</li> </ul>   | Middle Meeting  |

| +<br>Synchronous – 2<br>hours               | <ul> <li>independent learning practices with the students</li> <li>Bringing up challenges of student work as independent learners and suggestions for solutions</li> </ul>  | 16.1.2023<br>16:00-17:30                              |  |  |
|---|---|---|--|--|
| Part 3 – Final Part                         |   |   |  |  |
| Synchronous – 2<br>hours                    | <ul> <li>Summary of the participants experience as independent learners and as teachers of independent learners.</li> <li>Presenting class case studies</li> <li>Presenting examples of independent learning</li> </ul> | Reflection and Conclusion<br>27.3.2023<br>16:00-17:30 |  |  |
| Final Assignment – to submit by<br>1/5/2023 |   |   |  |  |

## 30 Hours + Grade

\* There may be changes in the course program

\* Throughout the course there will be 2-3 support sessions (optional) to answer questions (dates will be announced later)

\* Important to know!!-To get credit for the course, you must meet the course requirements (finish an introductory unit + 6 units to choose from 9 units in the second part of the training), participate in 3 synchronous sessions and submit the final assignment. Good Luck!